

## THE BROADAX

PUBLISHED WEEKLY.

Will promulgate and at all times uphold the true principles of Democracy, but Catholics, Protestants, Priests, Infidels, Single Taxers, Republicans, or anyone else can have their say, as long as their language is proper and responsibility is fixed.

The Broad Ax is a newspaper whose platform is broad enough for all, ever claiming the editorial right to speak its own mind.

Local communications will receive attention. Write only on one side of the paper.

Subscriptions must be paid in advance.

One Year \$2.00  
Six Months 1.00  
Advertising rates made known on application.

Address all communications to  
**THE BROAD AX**  
5027 ARMOUR AVENUE, CHICAGO.  
PHONE DREXEL 4590.

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Entered as Second-Class Matter Aug. 18, 1902, at the Post Office at Chicago, Illinois, under Act of March 3, 1879.

### The Foundation of Voice Building

(Concluded from page 1.)

matters not whether it is a high note or a low note. The firmer the anchorage on the breathing muscle, the less tension there is on the throat muscles.

In all foundation training, the throat is regarded as a passage way.

The breath column is isolated by the contraction of the diaphragm. The breath column is supposed to be unbroken right up to the back of the mouth. It must stay there quietly, held up from below, (—at the anchorage,—) while we talk most elegantly and "clean-cut" on top of the column of air, without shaking it in the least. The electric line extending along the column of air down to the anchorage takes up the message, and the vitals receive it. Instantly they respond, charging the tone with vitality, and sending it to the chest bones for its contribution of color.

There must always be a sensation of "hollowness." This is absolutely necessary. When one has a cold, this "hollow" sensation should be exaggerated to save the throat.

There are methods and methods. The French method is peculiar, because of the pursing of the lower lip. It is strange but true, that there is a direct electrical line from the corners of the mouth to the vital regions.

(Say, on drawing up the corners of the lower lip and you will feel the sensation.)

When the breathing muscle is contracted, and the column of air shoots right up in the back of the mouth we get the sensation of a yawn — of "openness," or, "hollowness."

One should practice this contraction, pretending to talk silently on the yawn, as if politely concealing it, during imaginary conversation, all the while having a loose tongue, loose lips, loose throat and a pleasing countenance.

Then one should select passages of poetry, of lines from hymns or from the Bible. With all possible elegance and distinctness he should keep every vowel of every syllable accurately poised on the top of the breath column.

It helps to thrust the tongue in and out, and to "wiggle" it greatly from side to side, between phrases, and even sentences, while the diaphragm is contracted. A throat cannot be tight if the tongue can "wiggle."

All this practice will help in the control of the mouth-opening the lips and tongue, and, will prevent the tone-column from tumbling when difficult vowels and syllables make their appearance.

One must practice to obtain any shape of the mouth-opening, without in any way disturbing the breath column, (waiting to carry the message to the vital region.)

The violinist colors every sustained tone with a vibration by "pulsing" his finger.

Every sustained tone a singer makes should go down the electric line to the anchor, right down to rock bottom, and then "grip" an instant.

The tone will hold as long as the anchorage is sustained. Even the head tones are not isolated. If we can conceive of him as echoing directly over the vital cavity, we will get the correct effect.

The safest guide is that of the sensation of the "electric button." When one grasps the diaphragm contracts and the breath "shoots up" pressing against the stomach. If the

stomach is out of order, the effect is anything but agreeable. This "point of pressure," I call "the electric button."

This is a valuable "electric button." Charge it correctly with the vital electricity and you will make other people vibrate, as you vibrate.

According to the control you have over your "electric button," you will control and vibrate others, whether it is training wild animals, or stilling a multitude of human animals. It is a powerful factor in anger. Still anger is the most feared. In shortness of breath or palpitation of the heart from excitement, gripping the "electric button," by contracting the diaphragm repeatedly will cause regular and normal breathing.

Grip this "electric button," when commanding attention.

Grip this "electric button," and "will" that people shall obey.

Grip this "electric button," and "will" that people shall believe as you believe.

Then watch results.

Women should practice walking a block, or going up stairs holding their breath, until they may hold at length.

Women should practice holding the breath, while curving in the back, at the waist line. They should "sit on their hips." This will strengthen the muscle across the lumbar regions, and other organs.

Some helpful exercises are:

1. Practice ten "Gasps" with mouth open, shoulders down, and swelling out all around the waist, fixing the mind's eye on the "electric button." Hold as long as possible.

2. Practice ten "gasps" fixing the mind's eye on the "dimpling" of the muscles of the back. Shoulders down. Hold as long as possible, with mouth open as in a yawn.

3. Practice ten "gasps" closing the mouth as if saying, "oo"

Do you feel the "hollowness"?

4. Begin on middle "G" and exercise down to middle "C." Get the "electric button" ready, and then sing "oo" right on the "button" as if you were a ventriloquist. Do you feel the "hollowness"?

5. Select words of two, three and four syllables and string the vowels speech syllable on the "electric button." Keep sounding "oo" as the model, before and after each word to prove the complete "hollowness" and looseness of the throat, tongue and lips.

6. Recite poems or hymns in the same way, until you obtain perfect control over the breathing muscle.

### GOOD HEALTH ALPHABET.

A is for Air, which all of us need.

B is for Breathing deep; kindly take heed.

C is for Consumption, that kills young and old.

D is for Dirt, with its dangers untold.

E is for Eating, food good and pure.

F is for Flies we should not endure.

G is for Giving health knowledge to all.

H is for Health for the great and the small.

I is for Illness for which we're to blame.

J is for Jenner, the man of great fame.

K is for knowledge, to make us grow stronger.

L is for Learning, that we may live longer.

M is for Mouth, for receiving our food.

N is for Noting the things that are good.

O is for Order in all that we do.

P is for Pasteur, a scientist true.

Q is for health Questions, we always should ask.

R is for right Reading, a profitable task.

S is for Sunshine, the foe of disease.

T is for Temptation, to loil at our ease.

U is for Unkindness, itself a grave sin.

V is for Vessels for drinking, clean as a pin.

W is for Washing to be healthy and clean.

X is for X-ray, to find the unseen.

Y is for Youth, the lusty and strong.

Z is for Zeal, to live wisely and long.

### WALTERS A. M. E. ZION CHURCH.

Cor. 38th and Dearborn Streets.

Rev. H. J. Caffis, D. D. Pastor.

The Sacramental service at our church on last Sunday was largely attended, about 200 persons took the communion at the morning service.

The Sunbeam Club's rally at 8:00 p. m. was a decided success. At 8:00 p. m., the church was crowded to hear Dr. Caffis and they were not disappointed. Four persons joined the church during the day and our collection was \$58.00.

The services next Sunday will be as usual. The Pastor will preach at 11:00 a. m. Sunday school at 1:00

m. W. J. Burdine Supt. Christian Endeavor at 6:30 C. J. Jackson, Pres.

Mr. W. J. Burdine the Captain of the Southern club for our Grand Oct. Rally desires to thank the friends who helped to make the dinner and entertainment a success on Labor Day.

Rev. Callis Pastor of Walters A. M. E. Zion Church left Wednesday for Indianapolis, Ind., to attend the Indiana Conference which is in session at St. Mark's A. M. E. Zion Church.

Mrs. J. B. Foster who was seriously injured two weeks ago is much improved. The Woman's Home and Foreign Missionary Society will meet with Mrs. John Davis 309 Dearborn Street, Wednesday evening, Sept. 13. —S.

### CATHOLICS IN CHICAGO.

City Ranks With Rome, Paris, Vienna, Dublin and Munich.

Chicago is one of the leading Roman Catholic cities of the world. The statistics on the number of Catholics, the number of churches and the institutions of all kinds, are testimony which the world must accept and which entitle the city to rank with Rome, Paris, Vienna, Dublin and Munich as a stronghold of the church.

There are not lacking Chicago Catholics, however, who claim for their city not only rank with these cities, but pre-eminence among them because of the remarkable history of the church in Chicago and of its present unique condition.

No other Catholic city in the world ever rose from a single parish with a hundred communicants lost in a primeval wilderness to an archdiocese of a million souls in seventy-five years. In this achievement the city stands alone.

No other city in the world ever built 188 Catholic churches in less than half a century as Chicago has done.

No other city in the world ever built 143 parochial schools in a century and filled them with 81,680 pupils as Chicago has done.

### CHIPS

Mrs. J. W. Neely, of Buxton, Iowa, is visiting Dr. and Mrs. A. W. Williams, 3408 Vernon avenue.

Miss Georgia Lattimore, who has been the guest for the past five weeks of Mrs. Martha B. Anderson, 6450 Champlain avenue, left for her home in Louisville, Ky., Monday evening.

Miss Elizabeth B. Slaughter, 3544 Dearborn street; is spending her vacation at the summer home of lawyer and Mrs. Edward H. Morris, near Benton Harbor, Mich.

Mrs. William Lewis, 3310½ Rhodes avenue, returned home last week from a months pleasure trip, and while absent she visited Detroit, Mich., New York City and Atlantic City, N. J.

Lawyer and Mrs. B. F. Moseley, B. F. Jr., and Miss Bertha Moseley made a pleasant call on Mr. and Mrs. Julius F. Taylor last Sunday evening. Miss Bertha is a student at the Chicago University and she is making rapid progress in her studies.

Mr. and Mrs. S. A. T. Watkins, 3632 Calumet avenue, will give a reception Monday evening, Sept. 11 from 7 to 9 o'clock in honor of Mr. and Mrs. S. W. Green, of New Orleans, La., and Mrs. Dan Hardin, of New York City.

Miss Lucy Lindsay, 4110 Calumet avenue, returned home Saturday evening from Benton Harbor, Mich.; where she was the guest for two weeks of Maj. and Mrs. F. A. Denison at their summer home.

Mrs. Wesley Plummer, 2962 Dearborn street, is at this writing visiting friends in Boston, Mass., and next week she will visit Atlantic City, N. J., and before returning home, she will spend some time at Jackson, Miss.

Dr. J. Webb Curtis, who was on the medical staff of the 8th Regiment, while it was in Cuba, and who now resides in Little Rock, Ark., visited Camp Lincoln at Springfield, Ill., last week, and met many of its officers and other members of the regiment, and was present on Governor's Day.

Arthur P. Bedou, of New Orleans, La., the official photographer of Tuskegee, Ala., who travels all over this country with Booker T. Washington, and takes the views for him, has for the past two weeks been the guest of Mrs. Mabel Lewis, 3544 Dearborn street.

Mrs. Daniel Hardin, who for some time was one of the most fashionable models in this city, and who has been residing in New York City for

the past three or four years, arrived in Chicago last Friday and is stopping at 3633 Forest avenue. Her visit is indefinite. Mrs. Hardin, is looking exceedingly well, and she is glad to get back to her old home.

Attorney Walter M. Farmer, returned home Sunday morning from Kansas City, Mo., where he attended the sessions of the Grand Lodge of Mo., of the United Brothers of Friendship, he met many of his old friends and greatly enjoyed his short pleasure and vacation trip.

Ernest G. Tidrington, of Evansville, Ind., was in the city last week visiting his brother Edward Tidrington, 3343 Forest avenue. For the sixth time Mr. Tidrington has been elected State Grand Chancellor of the Knights of Pythias of the State of Indiana and he rubbed up against all of the big Sir Knights and the lesser ones, at the recent sessions of the Grand Lodge at Indianapolis last week.

Mr. Arthur Dodge and Miss Annetta Brooks of Evanston, Illinois were united in marriage Thursday evening September 7th, 1911. The ceremony was performed at the Baptist church and was witnessed by a large number of friends and admirers. After the wedding a reception was held at the residence of the parents of the bride. The young couple were the recipients of many beautiful and costly presents.

Joseph J. Winbush, President of the Mountain Queen Mines and Amalgamated Co., Boise City, Idaho, is in the city visiting his niece, Mrs. Corinne Eggleston, 3624 Vernon avenue. Mr. Winbush has had his big touring car shipped to this city from his Western home, which means that he will stay in and near Chicago for sometime and before returning west in order to look after his extensive business interests, he will sell fifty thousand shares of gilt edge mining stock.

**Mania.**  
"Did you see this one?" chuckled Harry G.  
"Watch one, Harry?"  
"Yes, look! Tee-hee!"  
"Control yourself, Harry."  
"A man who had to untangle his dog took it to a laundry to have his moustache done. Oh, say! Why don't you write one like that every once in a while? Hey, look out! You're upsetting the ink!"—New York Evening Sun.

**Lines to a Giraffe.**  
O long necked creature at the zoo,  
How fortunate for me  
My lady fair does not compare  
In that respect with thee.  
For I should need a prince's purse,  
An income like an earl's,  
Had I to deck so long a neck  
All up and down with pearls! —Puck.

**An Innocent Surmise.**  
"What is this?" said the quiet man.  
"Why," replied the boastful person,  
"you ought to know what that is. It's a golf club."  
"I thought from the marvelous stories I have heard of your game that it might be one of those Ananias clubs we read of so frequently."—Washington Star.

**No Cause For Pining.**  
A University of Pennsylvania speculator in theories that deal with human life told a group of young men that woman's waist is increasing in size.  
"Yes, professor," said one of the students, "but it is also true, is it not, that man's arm is increasing in length correspondingly?"—Philadelphia Times.

**A Threat.**  
Will they miss me when I'm gone  
Where the skies are sunny?  
Not if I can help it. They  
Will not miss me while away.  
For most every other day  
I'll write home for money.  
—Detroit Free Press.

**What He Sold.**  
Proprietor of Millinery Shop—Why didn't that lady buy anything?  
New Assistant—Because we hadn't what she wanted.  
Proprietor—You'll kindly remember in future, miss, that you're here to sell what I keep and not what people want! —London Opinion.

**A Drawback.**  
She—Even in this old age pension bill which is proposed the men are going to get the better of it.  
He—Why should they?  
She—Idiot! How many women do you suppose are going to apply for an old age pension?—Baltimore American.

**Why?**  
"I'd rather have three sober men and a bottle of ink to start a movement," says a Nebraska philosopher. "than a hall full of people and a keg of beer."  
"Sound doctrine, but why bother the three sober men?"—Chicago Record-Herald.

### Mrs. Elora Manson

Announces An Introductory  
**Lecture-Recital**  
Subject  
"Peer Gynt" (Ibsen)  
The Orchestral Suite, by Edward Grieg.  
MRS. ADA LOU MITCHELL,  
Solo Accompanist.

Grace Pres. Church, 3408 Dearborn St.  
Thursday, Sept. 28, 8:30 P. M.  
Admission 30c.



## Madame E. Azalia Hackley SOPRANO Retiring Song Recital

## Vocal Demonstration

## Orchestra Hall

Michigan Avenue  
Between Jackson Boulevard and Adams St.

Thursday Evening, Oct. 19, 1911  
at 8:15 P. M.

This will be positively the last appearance of Madame Hackley upon the concert platform in the city of Chicago. After her retirement, she will devote her time to teaching and to conducting Vocal Institutes to train Vocal Teachers for the Race.

This is the first instance of the retirement of any Colored artist.

On Thursday Evening, October 19, 1911, at Orchestra Hall, Madame Hackley will retire in a manner befitting her position and reputation. No artist of any race could retire in a more congenial atmosphere than that of Orchestra Hall.

The Advance Sale of seats, from the diagram, will begin September 15 and continue until September 30 (excepting Sundays), at Rankin & White's Drug Store, corner of State Street and 38th Place. A limited number of beautiful panel souvenir photographs of Madame Hackley, made by Scurlock, the famous Colored photographer of Washington, D. C., will be given to those purchasing tickets over 50 cents. Souvenir photographs given, ONLY, at the Cash Advance Sale, September 15 to September 30.

### SCALE OF PRICES.

Boxes Seating Six.....	\$10.00
Separate Box Seats.....	each 2.00
Parquet.....	1.00
Parquet Circle.....	.75
First Half Balcony.....	.75
Second Half Balcony.....	.50
Amphitheatre.....	.25

NOTE.—Those desiring boxes or seats reserved, until the Cash Advance Sale, address Mrs. E. Azalia Hackley, 6351 Vincennes Avenue, Chicago.  
Phone Normal 3494. CARY B. LEWIS, Manager.

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